



Chairman: Secretary Walter Gaskin, NC DMVA

Co-Chairs: Asst. Dir. Dr. Michelle Laws, NC DHHS
Director Mark Bilosz, W-S VARO
Asst Sec. Martin Falls, NCDMVA

Director Stephanie Young, VA VISN-6
Mark Edmonds, COO Div. Workforce Solutions

March 25, 2021 Agenda

To join the meeting virtually, go to <https://www.facebook.com/govinst/>. To watch captioning during this meeting, go to: <https://carolinascaptioning.1capapp.com/event/gwg>. You can use a separate mobile device such as a smart phone, tablet, or laptop to watch the captioning.

Crystal Miller, Moderator (NC DMVA)

2:00-	2:05	Pledge of Allegiance
2:05 -	2:10	Welcome: Lt Gen Walter Gaskin, USMC (Ret)
2:10 -	2:25	Chairs Updates and Information: VHA, VBA, DMVA, DHHS, WFS (3 min. each)
2:25-	2:30	GWG Updates and Initiatives: Operation HOME, NC STRIVE, Ask the Question, and Governor's Challenge to Prevent Veteran Suicide (Jeff Smith, NC DHHS)
2:30-	2:35	NCServes Update (Dave Roddenberry, Governor's Institute)
2:35-	2:40	Pandemic and Vaccination Update (Jeff Smith)
2:40-	2:55	Caregiving and Aid & Attendance (Emily Pitts, VA)
2:55-	3:10	Whole Health/Self-care (Dr. Kevin Smythe, VA)
3:10-	3:25	Operational Stress Control (Dr. Marc Cooper, VA)
3:25-	3:40	Hospice and Veteran Coffees (Don Timmons, Trellis Supportive Care)
3:40-	3:55	Grief and Loss Counseling (Dr. Greg Inman, Raleigh Vet Center)
4:00		Adjournment

Future Meeting Dates:

- April 22
- May 27
- June 24

Resources:

- Whole Health self-care practices: <https://www.va.gov/WHOLEHEALTH/professional-resources/EWH-Resources.asp>
- Health Matters Podcast
Series: <https://www.warrelatedillness.va.gov/WARRELATEDILLNESS/education/vhmpodcast.asp>
- VA Caregiver Support Program: <https://www.caregiver.va.gov/>
- VA Aid & Attendance Program: <https://www.va.gov/pension/aid-attendance-housebound/>
- VA Facilities in NC (including Vet Centers):
https://www.va.gov/directory/Guide/fac_list_by_state.cfm?State=NC&dnum=All
- Trellis Supportive Care: <https://www.trellissupport.org/>