The Steven A. Cohen Military Family Clinic at Cape Fear Valley
Founded by Steven A. Cohen in 2015, the Cohen Veterans Network was created to serve post-9/11 veterans and their families through client-centered, customized outpatient care at our Steven A. Cohen Military Family Clinics.

The 501(c)(3) nonprofit foundation originated out of a need to support the veteran community as they begin their next mission: healthy and happy lives.
For over 50 years, Cape Fear Valley Health has been the preferred healthcare provider for thousands of families from Fayetteville, Fort Bragg, Raeford, and beyond, where caring physicians are committed to integrity, patient-centeredness and excellence throughout the entire healthcare process.

**Our Mission: Exceptional Healthcare for Every Patient**  At Cape Fear Valley Health System, our goal is to improve the quality of every life we touch. To achieve that, our Fayetteville doctors, surgeons and staff are committed to excellence in every aspect of the healthcare process.

Our values of patient-centeredness, integrity, innovation, teamwork, diversity and accountability help us create a better experience for every patient, every time.
The Steven A. Cohen Military Family Clinic at Cape Fear Valley provides high-quality, evidence-based behavioral healthcare services, and case management resources and referrals for:

- Veterans and their families;
- And, the families of Active Duty, National Guard & Reserves;
- @ low or no-cost;
- low wait times;
- confidentially.

No insurance or ability to pay required. Eligibility for services is regardless of the Veteran’s discharge status, role while in uniform, or combat experience.

No barriers to care.
The highly-skilled clinicians at the Military Family Clinic treat a variety of behavioral health challenges, including:

- Depression
- Stress and Anxiety
- Post-Traumatic Stress
- Substance Misuse
- Sleep Problems
- mTBI
- Hyper-Vigilance
- Anger
- Grief and Loss
- Transitional Challenges
- Relationship and Family Difficulties
We provide evidence-based therapies, including:

- Cognitive Processing Therapy (CPT)
- Cognitive Behavioral Therapy (CBT)
- Motivational interviewing
- Problem solving therapy
- Integrative behavioral couples therapy
- Prolonged Exposure Therapy (PET)
- Psychiatric medication management
- Integrated case management
- Eye Movement Desensitization and Reprocessing (EMDR)
Components of Our Innovative Care:

- Staff complete military cultural competence training
- Ongoing clinical training for providers in evidence-based therapies
- Network referrals for community resources, continued support
- All-encompassing Electronic Health Record (EHR)
- Clinical screenings & assessments

• Child Care & Transportation Resources

Nearly 100% of staff are military-connected, i.e., Veterans, spouses, child, etc.
We focus on meeting needs to improve the quality of life through case management and resource referrals, including:

- Caregiver Support
- Child Care
- Education
- Employment
- Housing
- Legal Assistance
- Military Transitions
- Peer Support
- Personal Finances
- Recreation
- Rehabilitation, Occupation and/or Physical Therapies
- Smoking Cessation
- Transportation
- Wellness, Health, Nutrition, Exercise
- Other life circumstances
CASE MANAGEMENT CONNECTIONS

AMERICASERVES/NCSERVES NETWORK

Participating service providers address the needs of service members, Veterans, and their families through an array of supportive services in the following categories:

- Disability
- Education
- Employment
- Family Support
- Financial Services
- Healthcare
- Housing
- Legal Services
- Mentoring
- Sports and Fitness
- Volunteering
Since our public launch in April of 2016, Cohen Clinics have treated more than 4,100 clients across the country.

- 42% of our clients are family members and children and 58% are veterans.
- Women make up 23% of the Veterans served or 2x the female veteran population in the U.S.
- 75% have their 1st appointments within one week after contacting our clinics.
- 3/4 said their relationships with their spouses, children, friends, and non-family members had improved.
CLIENT SATISFACTION & IMPROVEMENT

93% of clients surveyed report after treatment they could now “deal effectively with my problems”.

46% of clients treated for PTSD no longer met the “clinical threshold for the diagnosis” after treatment.

7 in 10 reported they were able to function better at work after treatment.

97% of clients surveyed would recommend a Cohen Clinic to a family member or friend.
HOW TO MAKE AN APPOINTMENT

* Contact us:
  - Call: 910.615.3737
  - Fax: 910.615.9899
  - Online Form: Military.CapeFearValley.com
  - Email: CohenClinic@CapeFearValley.com
  - Walk-ins welcome, appointments preferred.

** Our intake coordinator will conduct an initial screening to identify the best placement for the client.

*** After the initial screening, a clinician will work with the client to create a personalized treatment plan.
The Steven A. Cohen Military Family Clinic
At Cape Fear Valley
3505 Village Drive
Fayetteville, NC 28304

Clinic Hours:
Monday 8am to 7pm
Tuesday 8am to 7pm
Wednesday 8am to 5pm
Thursday 8am to 7pm
Friday 8am to 2pm
Saturday 10am to 2pm
Sunday Closed
NATIONWIDE LOCATIONS
CONTACT WITH US

Phone: 910.615.3737
Email: CohenClinic@CapeFearValley.com
Website: Military.CapeFearValley.com

Cape Fear Valley Fayetteville

Cape Fear Valley MFC
CohenClinicCFV
CohenClinicCFV
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